

January 2022

Vol 44 No. 1

MTCNLC.ORG

Welcome Back and Hello 2022! I hope you all had an enjoyable shutdown and were able to spend time with family and friends.

In the waning hours of 2021, we were able to settle a longstanding disagreement on how current members are selected for interviews for openings in "Premium" and "Non-Premium" Occupational Titles.

Until now, the position of the Company was that Probationary employees were not allowed to transfer into Premium Titles. This has been corrected by agreement and Probationary employees are able to transfer if selected. However, Probationary employees cannot transfer to non-Premium Titles.

The injunction against the COVID 19 OSHA regulation has been lifted and employers with more than 100 employees will have to start complying with these regulations by January 4th. This may be just in time as the rate of infection climbs and is expected to keep climbing after holiday gatherings and the newer strains of the virus are more contagious. These regulations provide for many of the things we were seeking such as protection for vaccinated and unvaccinated employees, and protection for a person's right to choose. It also provides for paid time to be vaccinated, paid time for illness resulting from being vaccinated, and clearly defines a workplace cluster. It is unfortunate that it takes a government regulation to force employers to do the right thing.

As of January 1st, the Connecticut Paid Leave (CPL) goes into effect. The CPL is an income replacement benefit for people who lose time from work for many of the same reasons that are covered by Family Leave. Also, you can receive CPL for absences from work due to non-occupational injuries and illnesses similar to our negotiated short term disability benefits. This is where things get sticky. The Connecticut Paid Leave Authority says we can receive 12 weeks of CPL while we are receiving short term disability benefits as long as we do not exceed 100% of our normal income. The Company is attempting to steal 12 weeks of our negotiated benefits and replace them with the CPL. We feel this is a violation of the contract and the CPL act. We are aggressively pursuing this and hope to resolve it quickly to provide a better benefit to people who need it.

I am looking forward to a safe and prosperous New Year.
I am, Fraternally Yours
Peter E. Baker

Phone L Peter E Baker MTC President	<u>ist</u> 445-6383
John Adamson MTC Vice President	445-1277
Richard McCombs MTC Rec. Sec'y	445-1277
Cat Race MTC Sec'y Treasure MTC Safety	445-1277
George Nowosielski Local 777	445-8170
Dennis Urquhart Local 1122 401	-573-6956
Richard (Chick) McC Local 261	ombs 445-2224
Jim Spencer Local 1871	445-8619
Pat Joyce Local 614	445-4973
Danny Sanchez Local 547	448-2577
Rob Hill Local 493	575-1384

445-1216

501-3263

Paul Bruno

Frank Ward

MTC Benefits Rep

Local 106



LOCAL 106

UNION MEETINGS

Union meetings are important, and I encourage you to come and participate in the affairs of our Union. The monthly meetings normally last about 30 minutes and your participation will help to make this Union even stronger.

INCREASE YOUR 401(K)

We recently received a General Wage Increase. This would be a great time to increase your 401(K) deductions. Years from now you will be thankful that you did this!!!!

UNION REMINDERS:

NEW HIRES YOU must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late. I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject.

Contact General Dynamics Service Center (1-888 432-3633)

Monday - Friday 9am to 9pm. OR www.gdbenefit.com (24hrs/7days).

Any questions call EB Benefits: 860-433-4201 or Frank Ward, Union Insurance Representative: 860-501-3263.

"Weingarten" Rights

If <u>YOU</u> are sent to <u>SECURITY</u> for any reason or are being questioned by <u>MANAGEMENT</u>, <u>YOU</u> should request a **STEWARD**. <u>YOU</u> do not have to answer any questions until you have <u>UNION</u> REPRESENTATION.

Youtube Weingarten Rights: Training for Shop Stewards. View the brief ten-minute video from OPEIU Local 8. www.opeiulocal106.org

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

LABOR'S VIEWS ONLINE

LABOR'S VIEWS may be seen on opeiulocal106.org and the Metal Trades Council website mtcnlc.org.

LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homeport.

If you would like a copy please email our Recording Secretary, Maggie Marley, at prof.emp@snet.net and ask to be added to the email list. Please state "Subject LV" and use your home email address.

JANUARY UNION MEMBERSHIP MEETING

Monday, January 10, 2022, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

<u>Special Orders: Nominations and Elections for MTC and Southeastern Connecticut Central Labor Council Delegates.</u>

FEBRUARY UNION MEMBERSHIP MEETING

Monday, February 14, 2022, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

UNION REMINDER

Dues Increase: Due to per capita tax increases, our Local dues were increased by \$1.00 per month effective Jan 1, 22.

STEWARDS FOR EB:

Justin Briggs D438 860-460-3197 Arlene Allard D221 X37797 2nd Shift Mark Cross D321 X35569 3rd Shift

UNION COMMUNICATIONS:

Local 106 Web Site opeiulocal106.org - Local 106 Phone 860-445-1216 FAX 860-446-0175 e-mail prof.emp@snet.net Do not send e-mails to any EB addresses. We may not get them.

If you have sent an e-mail and did not get a response in a day or two, please call the Union Hall.

International Union Web Site - opeiu.org

International Magazine - White Collar

Union Benefits - UnionPlus.org

Metal Trades Council - mtcnlc.org

If you change your home address, phone number, or e-mail do not forget to notify the Union.

PLEASE, TRY TO ATTEND UNION MEETINGS.

Paul A. Bruno Jr.

President/Chief Steward

Local 1871



Congratulations and good luck to the winners of the election! I know you will do well in your elected positions and together we will continue to work towards improving life for labor workers! Election results are posted on the board at the Hall. Feel free to come by and check them out and please be sure to attend the next monthly meeting to witness the installation of the new officers and delegates.

Steward elections will also be during the next regular meeting on January 13 th.

CHANGE OF ADDRESS OF PHONE NUMBER? PLEASE inform a union representative. The company is not allowed to share this kind of information with us.

INSURANCE UPDATE: If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. You DO NOT need to submit a withdrawal card. Retirees can receive a union jacket and/or watch. 40 years or more will receive both. 15-40 years will receive a watch. Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for support.

New Members: Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at www.gdbenefits.com to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

IMPORTANT: If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward". Union Hall Phone Number: 860-445-8619

Stewards

United Way Contact:

Chief Steward:	James Spencer	860-705-2266
First Shift OSM:	Bill Harris	860-510-8315
	Mark Sousa	401-743-3033
	Mike Fantacci	860-884-7339
First Shift ISM:	Michael Shell	860-790-9136
First Shift All Other Areas:	Janet Orr	860-608-8528
	Ed Mctigue	860-463-7680
Second Shift ISM:	George Raposa JR	860-908-0002
Second Shift OSM:	George Blanchette	860-908-4149
	Bill Ericson	860-705-6739
Second Shift All Other Areas:	James Marcy	860-617-8035
Third Shift All Areas:		

Janet Orr

MEETING NOTICE: Meeting dates for the year will be posted on one notice in all areas. Next regular meetings will be January 13 th, and February 10 th, at 3:00 p.m. at 18 Pleasant St Groton, CT 06340.

860-608-8528



Local 1122

I'd like to start this month by thanking our members that supported the road job/business trip to Cleveland, Ohio. Supporting this work helps get our foot in the door at other facilities and I'm very appreciative that we were able to man this trip so quickly. I would like to wish everyone a happy and healthy holiday season. Enjoy this time with your families and we will reconvene after the New Year.

Winter has come. The cold is upon us. I urge every member to dress warm and be prepared for less than deal working conditions as winter in the shipyard can be a tough and unforgiving place. Remember though even with the proper attire that it is necessary and acceptable to warm yourself frequently when working in inclement weather. Work is picking up in the shipyard. Please continue to wear and use your safety equipment and PPE. No one wants to get hurt and no one can predict when an accident is going to happen. Be prepared, work safe and go home safe. Lastly, I would like to welcome our new hires to the paint department. Any questions you have ask your stewards, working leaders, OJT instructors, and senior members. We are here to help each other. Work smart and work safe.

Debit Card Replacement: If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto FidelityDebitCard.com to request a new one.

Subbase NSSF and ARDM Shippingport request form: The Department will no longer survey, you will have to fill out a form. See your steward for this form.

Benefits: Ernest (TJ) Holley is our benefits rep. Any questions concerning benefits he will get the answer for you.

Overtime: Ron Ingves is the overtime coordinator. Any questions concerning overtime he will get the answer for you.

Stewards: 1st shift Stewards: Allen Claar All Nuclear issues 813–300–9957, Ernest (TJ) Holley 860–538–1926, Ron Ingves 860–334–8141.

2nd shift Stewards: Chris Wilson 860-961-2930, Alts Elaine Key 860-460-7621, Edwin Garay 860-910-2072 & Ryan Osborne 860-389-6306.

SAFETY: Just a reminder that safety is everyone's concern. If you see an unsafe act, you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management,

YOU SHOULD REQUEST A STEWARD!!! REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.

IMPORTANT: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc. it is your responsibility to pay your portion for medical, dental, and vision. You can be dropped from your benefits if you don't keep up your payments. Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information! When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

REMINDER: If you are out of work on compensation or accident & amp; sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

IMPORTANT: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hours' notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this. If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 and 860-941-1579 and my email is painters.union@yahoo.com.

Thank you for your ongoing support.
Fraternally yours,
Dennis Urquhart
Chief Steward

Buford's

LiUNA! Local 547

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Family Restaurant



126 Poquonnock Road

Groton, CT 06340

860-446-1765

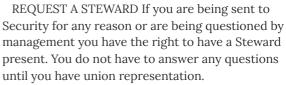
Mon: Closed, Tues-Fri: 6 to 1, Sat-Sun: 6 to Noon

Happy New Year. I would like to remind all our members that if your contact information has changed that you will need to call the union hall and inform them of said changes. The company does not share this information with the union, so I ask everyone to please call the office with all new address & contact phone numbers. In order for the union to provide you with any literature or information pertaining to any and all union related news in a timely manner, your updated contact information is vital. The union hall's phone number is 8604482577.

There will be an increase of one dollar to the monthly union dues starting this month, bringing the dues to 43\$ dollars a month from 42\$ dollars a month. Hope everyone has a wonderful New Year & continue to work safe.

> Fraternally yours, Danny Sanchez

Local 493



STEWARDS

1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208 1st Shift Alt - Scott Partosan 860-433-5816

2nd Shift -John Ogden 860-433-4657 2nd Shift Alt 203-512-5959

SAFETY: Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

I enjoyed working with you guys this last year. Lets make this year even better. Hope you guys had a great holiday and shut down. With the icy season upon us make sure you are careful, no one wants/needs to be out of work.

Happy New Year, Robert Hill /Chief Steward



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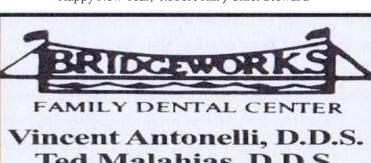
American Board of Oral Implantology/Implant Dentistry American Board of General Dentistry

Bruce Dougherty, D.D.S. Danielle Green, D.M.D.

WILLIMANTICDENTIST.COM

Groton Dental Group 1100 Poquonnock Road, Groton (860) 397-6508

Windham Dental Group 1671 West Main Street, Willimantic (860) 359-8119



Ted Malahias, D.D.S. Sean Kim, D.D.S., FAGD

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S50

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FEE REBATE*

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GOLD REWARDS: OUR UNIQUE MEMBER REWARDS PROGRAM*

- Annual Cash Bonus for Qualified Members
- No ATM Fees
- Special Gold Rates

FREE CONSULTATION with CHARTER OAK RETIREMENT AND INVESTMENT SERVICES

For more details, visit CharterOak.org/content/EB or talk with one of our Member Service Representatives today!

*Some restrictions may apply. †APY=Annual Percentage Yield.

MEMBERS BANK BETTER.

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CharterOak.org | 860.446.8085 | 800.962.3237

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PERSONAL INJURY

- ASBESTOS
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- PRODUCT INJURY
- MALPRACTICE
- ADMIRALTY AND MARITIME INJURIES

WORKERS' COMPENSATION

- LUNG DISEASES
- WORK RELATED CANCERS
- HEART ATTACKS
- VIBRATION DISEASES
- HEARING LOSS
- BACK INJURIES

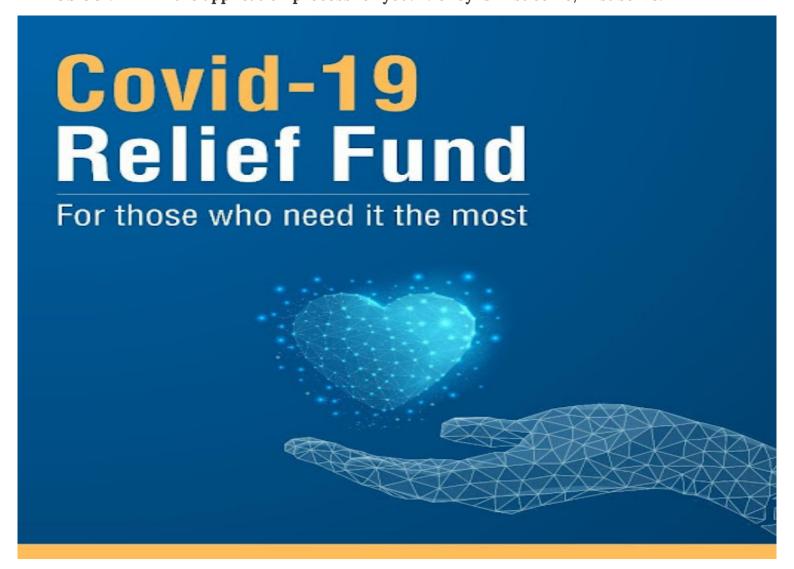
SECURITY CLEARANCE . GENERAL LITIGATION

EMBRYNEUSNER.COM 17 20 155

860.449.0341 ■ info@embryneusner.com ■ 118 Poquonnock Road ■ Groton, CT 06340

CONNECTICUT COVID RELIEF FUND HAS 35 Million dollars in it! Claims can be made by any worker if you were diagnosed with Covid between March 1, 2020 and July 20, 2021.

LET US COMPLETE the application process for you. Money is first come, first serve.





The next union meeting is scheduled for Tuesday, January 11, 2022. I believe we will be allowed to have face to face meetings. If we have to adhere to the social distancing guidelines which require face masks indoors. So be it. The meeting will be at 2:45

and held at the Machinist Lodge located at 18 Pleasant Street Groton CT. All members are invited and encouraged to attend with any concerns or questions. Note that second shift employees do not have to use their own time to attend, and a union business shop order

will be provided for their supervisor. I hope all enjoyed their holidays and the shutdown. On behalf of our Officers and Stewards we wished everyone a very prosperous 2022. I believe the Company has scheduled enough work to keep us busy for some time. That being said this year is going to very busy for the Local.

- 1. We will continue to organize our infrastructure with new finance committees and an established budget.
- 2. We will establish committees to process our grievances and policies.
- 3. We will be participating in the International Convention which will be held in Chicago in May.
- 4. At the same time, we will be holding our Officers Election with Nominations in May, and election in June.
- 5. In November we will be active in supporting Congressional candidates that supports workers and their families.
- 6. And of course, getting through the COVID Pandemic.

The Company has asked us to participate and endorsed their policies and regulations to our members. We have done this when we feel that it benefits our members, especially when it comes to safety. Recently, one of our members was disciplined for a rule's violation. During arbitration the Company's Attorney used our endorsement to convince the Arbitrator of his guilt. I believe this to be unethical and have lost any confidence that I may have had with HR. It will be very difficult to deal with them in the future. More to come on this.

The following is something I believe will help us to get through this pandemic.

Prior to the shutdown the Company required all (Salary, MDA, Carpenter) employees who had not submitted proof of vaccinations to participate in a survey on their vaccination status. The four- question survey was a requirement from the new OSHA COVID Standard that went into effect last month. The information gained from this survey coupled with knowing how many had already been vaccinated was designed to determine what protocols all of us would have to follow while working in the shipyard. If the Company could claim that 90% of the employees were vaccinated, it would be possible our social distancing protocols wouldn't be as strict. Things would be a little easier. If we don't have a large vaccination % than we all will be impacted by their medical protocols. If you selected questions three or four of the survey, you will be considered unvaccinated which will reduce the % number and definitely impact every one of us. All unvaccinated employees will be required to adhere to all the social distancing protocols 100% of the time. The OSHA standard is very clear that employers have the right to know your occupational medical status and they will be held responsible if they do not adhere to the standard. At \$14,000 per violation per day; how long do you think they will put up with that?

This pandemic is not a farce, we don't even hear about the thousands of people young and old that has acquired permanent health effects from this disease.

New Hires Please Note: You are eligible to sign up for your medical benefits after being employed for thirty days. Please do not forget to add your dependents. If you do not enroll with in thirty days after eligibility you will default to just your medical coverage and have to wait until regular enrolment in November which will not take effect until January.

Please Work Safe Respectfully and fraternally, Richard "Chick" McCombs President IBEW Local 261



Local 777

WE hope everyone had a safe and happy holiday shutdown. I hope that the new year brings out some positive changes to everyone and we all progress forward. I would like to remind everyone, again, if you poll to work overtime assignments, make sure you show up. Everyone understands that sometimes things happen, but we are getting far too many noshows on scheduled overtime. Not only does it hamper some jobs from progressing, but another member who wanted to work, was denied the option of earning extra money.

We are coming up shortly on 2 years that we have been dealing with the covid 19 issues. Masks, booster shots, social distancing, and even the cancellation of events have affected all of us. Death and illnesses are still plaguing us. The U.S. just reached a milestone of 800,000 deaths from covid related issues. No one knows how this is all going to play out, but please continue to keep yourself and others safe. Something you don't hear much about is the accountability of where the virus came from, how started, or who or what is responsible. Seems to me that would be crucial in combating the disease. Either way, it looks like it is here to stay, and we will have to continue to deal with it.

Some good news is that we have plenty of work here in the shipyard, which means stable employment, overtime, job openings, and secure employment. We are now halfway through our contract. The shipyard itself is changing dramatically with new buildings and the Columbia project in the south yard. Most of the work should be focused in the graving Dock area and on the new Columbia class project in the south yard area.



Local 614

DEAR BROTHERS AND SISTERS;

THE HOLIDAY SEASON IS UPON US. I HOPE EVERYONE BEHAVED THEMSELVES SO SANTA WILL REWARD YOU ALL! THERE WILL BE LIMITED WORK DURING THE SHUTDOWN. WORK WILL BE ASSIGNED BY SENORITY AND QUALIFICATIONS. I PLAN ON ENJOYING THE TIME OFF. IT IS A SHORTER SHUTDOWN DUE TO CHRISTMAS COMING ON A SATURDAY. WE HAVE 4 DAYS (32 HOURS) WE HAVE TO COVER FOR PAYOUT. THIS IS WHERE YOU CASH IN YOUR FLOATERS AND/OR USE VACATION OR SICK PAY. THE LOST

TIME IS NEGOTIATED AND COVERED. YOU DO NOT HAVE TO USE ANY OF YOUR VACATION OR SICK TIME TO COVER THE 32 HOURS.

AT THIS WRITING, THE COMPANY SAYS WE HAVE A 64% VACCINATION RATE WITH AN 8% INFECTION RATE. THE VACCINATION RATE IS MOST LIKELY HIGHER BECAUSE SOME MEMBERS HAVE NOT REPORTED THEIR VACCINATION STATUS. THE SURVEY THAT IS OUT ASKING ABOUT YOUR VACCINATION STATUS HAS UPSET A HIGH NUMBER OF OUR MEMBERS. THIS SURVEY IS ONLY FOR THOSE WHO HAVE NOT SENT IN THEIR VACCINATION CARD TO THE YARD HOSPITAL. IF YOU SENT IN YOUR CARD, DISREGARD THIS SURVEY. THE SURVEY IS TO GO TO THE YARD HOSPITAL BECAUSE BY LAW EB HAS TO PROVIDE OSHA WITH THE VACCINATION NUMBERS. SOME HAVE CONCERNS THAT THIS SURVEY VIOLATES THEIR PRIVACY. BUT, IF YOU LOOK AT THE SURVEY QUESTIONS, THE LAST ONE, IT SAYS "I DECLINE TO PROVIDE MY VACCINATION STATUS." WITH THIS REQUEST, I FEEL THAT YOUR PRIVACY IS PROTECTED.

THE COMPANY IS GIVING COVID SHOTS AND BOOSTER SHOTS AT THE WETDOCK TENT.

SEMPTEMBER 29,2023 OUR CURRENT CONTRACT WITH EB EXPIRES. LIKE I SAID IN MY LAST ARTICLE, THIS IS OUR BEST CHANCE TO GET A DECENT CONTRACT. WE MAY EVEN HAVE TO BAND TOGETHER AND WALK OUT IF WE ARE PRESENTED WITH ANOTHER SUB PAR CONTRACT. THEY NEED US TO BE HERE AND TO BE PRODUCTIVE TO GET THESE SHIPS DELIVERED TO THE NAVY. WITH THE LAST 2 SUB PAR CONTRACTS THAT WE AGREED TO, IMMEDIATELY AFTER THE 1ST CONTRACT WAS SIGNED, THE NAVY AWARDED EB THE LARGEST CONTRACT IN HISTORY. IMMEDIATELY AFTER THE CURRENT CONTRACT WAS SIGNED THE NAVY AWARDED EB AN EVEN LARGER CONTRACT! GOOD FOR THE COMPANY AS WE NEED THE WORK, BUT IT IS VERY DISRESPECTFUL TO THE MEN AND WOMEN WHO DELIVER THESE SHIPS TO THE NAVY. IF THIS MAKES YOU MAD IT SHOULD. WE SHOULD BE MAD AND STAY MAD. IT IS IMPORTANT TO BAND TOGETHER AS AN UNION AND LET THE COMPAY KNOW WE WILL WALK IF THE NEW CONTRACT DOESN'T REWARD US FOR OUR EFFORTS AND SACRIFICES!

WE WILL BE RECEIVING A RAISE ON DECEMBER 19TH. DUE TO THE CONTRACT LAYOUT, OUR NEXT RAISE WONT BE UNTIL JANUARY 22ND 2023. I WISH EVERYONE A MERRY CHRISTMAS AND A HAPPY NEW YEAR. I HOPE TO SEE YOU AT THE NEXT MONTHLY UNION MEETING ON TUESDAY JANUARY 11TH AT 2:45 PM AT THE BOILERMAKERS UNION HALL LOCATED ON 33 SACRED HEART DRIVE, GROTON, CT.

SINCERELY, PATRICK JOYCE PRESIDENT



Members and their families can earn an Associate Degree with NO out-of-pocket cost.





EASTERN GATEWAY COMMUNITY COLLEGE

Part of the University System of Ohio

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The METAL TRADES Free College Benefit offers working families debt-free and convenient higher education opportunity.
You, your spouse, children, financial dependents and grandchildren, can all take advantage of this exciting opportunity.

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Eastern Gateway Community College is a public, non-profit school in the University System of Ohio and is regionally accredited bythe Higher Learning Commission.Credits you earn can transfer to other schools, potentially saving you thousands of dollars.

ZERO OUT-OF-POCKET COST

Members and their families can earn an ASSOCIATE Degree online, with no out-of-pocket cost. A last dollar scholarship covers the difference between any Federal Grants and your tuition, fees and e-books at Eastern Gateway Community College (EGCC).

FreeCollege.metaltrades.org - Toll Free: 888-590-9009

Transfer your prescriptions to the EB Family Pharmacy today for the lowest cost

A new EB employee called and asked if we would be able to fill his medications because he had heard at work that our pharmacy offers great service and great savings. We were able to transfer all seven of his meds over. We also found two coupons, [for his medications]. We applied the coupons and filled the other five prescriptions. We called the patient 40 minutes later to let him know his prescriptions were ready. We gave him the price, which was \$57.80. He was astounded and said he'd been paying over \$500.00 per month for these medications.

Edward Misto, PharmD. Pharmacy Manager



Call your pharmacy today to sign up Groton, 888-578-3457
Quonset, 800-891-4235



The EB Family Wellness Center provides a wide range of services including primary care, same day sick visits, and physical therapy with many services available at no cost.

Who is eligible to use the EB Family Wellness Center?

All eligible employees and dependents age 2+ enrolled in an EB medical plan

What will it cost?

All preventive services, including vaccines and your annual physical, are provided at no cost. Free blood pressure checks and visits with a condition management nurse are also available. Office visits with a medical provider are \$45 a visit and physical therapy services are \$25 a visit. Services will be billed to insurance and applied to your deductible.

· Where is it located?

The EB Family Wellness Center is located on the second floor of 32 Chicago Ave, Groton, CT. The same building as the EB Family Pharmacy.



Monday – Thursday, 7 a.m. – 6 p.m. Friday, 6 a.m. – 5 p.m. Saturday, 8 a.m. – 1 p.m.



860-629-8272 www.ebfamilywellnesscenter.com

Your privacy is our priority.

Premise Health operates the EB Family
Wellness Center and maintains all confidential
medical information in accordance with federal
requirements for medical privacy. No one at
EB will have access to this information.

ELECTRIC BOAT

Family Wellness Center

Operated by Premise Health

Insurance Update

We have made it thru the Open Enrollment Period. A new year begins, and our deductibles need to be paid. I hope everyone that participated and was able address their health care needs. If you did not participate your HSA is not going to get funded. It needs to be reloaded on a yearly basis so call the GD Service Center at (888)-432-3633 or go online and tell them how much money you would like to have taken out your check on a yearly basis. They will divide that number by 52 to get your weekly deduction.

We have new hirers trickling in all locals. They want to hire up to 300 new MTC employees. It is important to note that these employees have only 30 days to enroll in their medical plan and other benefits. If you do nothing you will default to the Standard Plan. You do not want that plan. You need to choose the Enhanced Plan in order to get the free seed money and the matching money. You will also need to create a HSA account. This is the place where they put the money that you can use for all your health care needs.

Frank Ward Union Insurance Representative Cell (401)-499-9661 or (860)-501-3263

EB Optical Shop ebopticalshop@gdeb.com 860-433-6934 STREET SIDE DOOR open to employees, retirees, family members and contractors.

Wed & Thurs -8 am.-3:30 pm. (closed 1-1:30 pm.) 1st & 3rd Saturday of Each Month - Closed SHIPYARD SIDE

open to badged employees and contractors. Tuesday - 7 am.-4:30 pm. (Closed 1-1:30 pm) Friday - 6 am-1:30 pm.

MTC Safety Report

Painters - Boilermakers - Electricians - Laborers Machinists - OPEIU - Pipefitters - Teamsters

I'd like to welcome back everyone and hope your Christmas and New Year was all you asked for. A New Year and all I can say is I hope we start this New Year off with our injury rates as low as low can go.

Cold weather is upon us. Please remember to dress in layers. Watch where you're walking. Look for that black ice. Also look for the overhead danger. If you're seeing caution or danger tape up around the buildings, there's a good chance there is a concern of snow falling off the buildings so please don't think it's ok to take a short cut.

Stay focused on and stay in the walkways that are treated for your protection. Again, if you see ice, look for a saltbox and sprinkle some salt on it. Remember, safety is everyone's job.

Also, if you don't have concerns for yourself try to have concern for your fellow worker and their families and please follow the guidelines put forth.

> **MTC Safety** Cat Race